

    
**> 1,40m**   **34**   **1,27m**

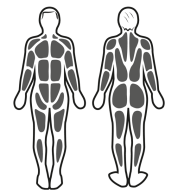
   
1 = 11,47m  
2 = 7,49m  
3 = 3,45m



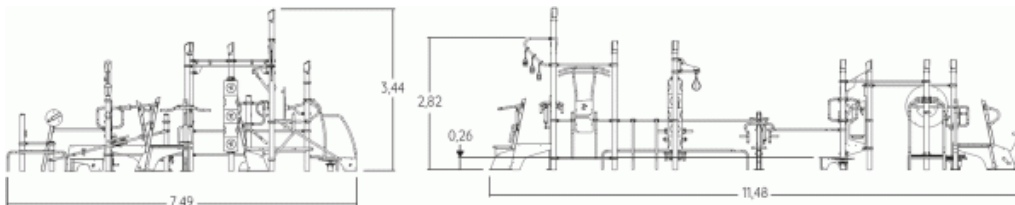
Physical inclusion



Sports formula



Muscular stimulation



## ► Sports activities :

**53**

balancing



x3

jumping



x2

hanging



x7

Pull-ups



x10

Dips



x4

Push-ups



x5

Squats



x1

Abs



x3

boxing



x2

pedalling



x1

rowing



x1

walking



x2

running



x1

Resistance



x4

spinning



x4

Lift



x3



muscle strengthening



heart health



balance



coordination

## Components

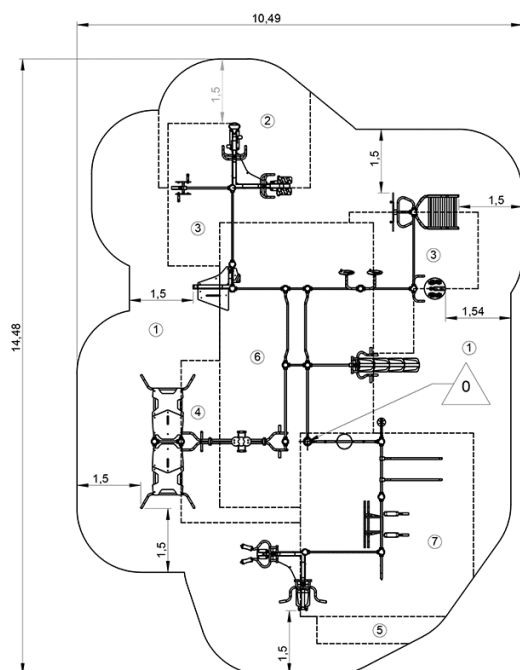


- ❶ Barres parallèles doubles mixtes
- ❷ Step
- ❸ Horizontal bar L. 180 cm
- ❹ Arm Bike
- ❺ Shoulder disc
- ❻ Punchbag
- ❼ Punchball
- ❽ Vertical jump activity
- ❾ Dual Rowing Machine
- ❿ Abs Board/Push-ups
- ⓫ Squat
- ⓬ Overhead press
- ⓭ 3 in 1 Totem
- ⓮ Balance Board
- ⓯ Tai-Chi Wheels
- ⓰ Runner
- ⓱ Power tower
- ⓲ Sloping Bars
- ⓳ Bike
- ⓴ Stepper
- ⓵ Bench press
- ⓶ Horizontal bar L. 125 cm
- ⓷ Smartphone holder

## Installation of equipment

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



| 1 | 0,6m  | 58,5m <sup>2</sup> |
|---|-------|--------------------|
| 2 | 0,8m  | 8m <sup>2</sup>    |
| 3 | 0,9m  | 11m <sup>2</sup>   |
| 4 | 0,95m | 4,5m <sup>2</sup>  |
| 5 | 1m    | 2m <sup>2</sup>    |
| 6 | 1,1m  | 21,5m <sup>2</sup> |
| 7 | 1,27m | 17,5m <sup>2</sup> |



2



30h00



6m<sup>3</sup>



123m<sup>2</sup>



1253kg



42kg

